



Sitting in Solidarity

Sitting in Solidarity is a closed, no-fee therapeutic group for adult women (trans-inclusive) who have completed court in the criminal justice system in relation to their experiences of sexual violence and need a safe space to process and heal from that journey.

This group is specifically intended for those who have completed court in the last five years to explore how the court process affected them and seek community and connection from others who have similar experiences. The structure will include lecture, experimental activities, group sharing, and psycho-education around sexual violence, trauma, and the impacts of the criminal justice system.

To schedule an intake appointment, contact:

info@sace.ca
780.423.4102

Please note: the intake process helps facilitators determine if this group is the right fit for participants and does not guarantee a spot with the group.

Date:

**Jan. 25 to
Mar. 21, 2024**

The group will run in-person once a week for nine weeks.

Time:

6 - 8 p.m.

Location:

**SACE office, 300 -
10339 124 Street**

Supports may be available to participants who require parking.

Facilitators:

Keltie Winters

RSW, MSW, M.A.

Casey Grady

