# We Believe:

- People can heal;
- People are the experts on their own experiences and needs, and healing looks different for each individual:
- Sexual violence is any form of nonconsensual sexual behavior, including sexual assault, sexual abuse, sexual harassment, sexual exploitation, sex trafficking, and sexual violence facilitated through technology;
- People who experience sexual violence are never at fault;
- People who experience sexual violence should be believed and supported;
- Sexual violence is an abuse of power and trust:
- People who experience sexual violence should have access to inclusive. professional services regardless of age, race, gender, culture, language, religion, sexual orientation, or ability;
- Financial barriers should not prevent people from receiving specialized support services;
- True sexual violence prevention and support involves acknowledging the intersecting oppressions and privileges that shape a person's experience;
- Sexual violence is a societal issue that communities have a responsibility to address, and it is through the combined efforts of community members including volunteers, leaders and funders, that cultural change will be fostered and sustained.

SACE provides an extensive range of support services for people who experience sexual violence, including crisis support, counselling, police and court support, and advocacy, and fosters prevention of sexual violence through direct public education and advisory consultation with groups and agencies undertaking their own prevention efforts.

300 - 10339 124 St. NW Edmonton, AB T5N 3W1 info@sace.ca | 780.423.4102

SACE respectfully acknowledges that we are located on Treaty 6 Territory and Métis Region 4 Territory, traditional lands of First Nations and Métis peoples (https://native-land.ca)

For information about accessibility at SACE please visit sace.ca/accessibility

Registered under the Societies Act of Alberta since 1975

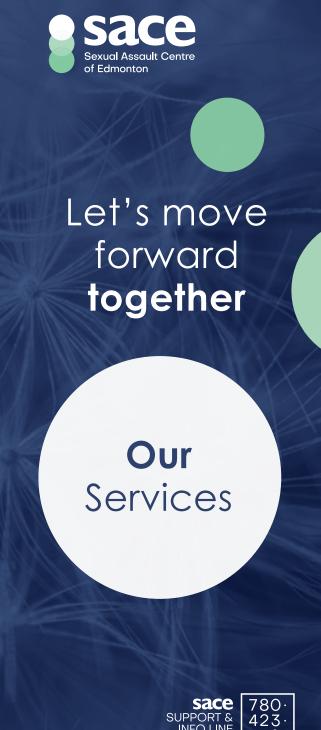
Charitable Number: 107971772 RP0001











# We believe we can all do something.

# Counselling

### Adult

Counselling is available through self-referral to anyone who has experienced sexual violence, including sexual harassment, historical sexual abuse, and sexual assault. Counselling services are delivered in two formats, individual and group. All counselling is provided at no fee. To begin the intake process, call SACE to speak with our Client Care Specialist.

#### Child & Youth

SACE offers counselling at no fee for children and youth between the ages of 3 and 17. To be seen for counselling, the sexual abuse or assault must have been reported and an official statement been made (if applicable).

If you are interested in seeking counselling for a child or youth, please contact our Client Care Specialist by calling SACE.

#### Information Sessions

To learn more about what to expect out of counselling and increase coping strategies, SACE offers pre-counselling information, as well as an emotional regulation group for individuals on the waitlist. Information about these sessions is provided during the intake process.

SACE also offers a self-directed online course for partners and supporters of adults who have experienced sexual violence. For more information, email education@sace.ca.

## Police & Court Support

The SACE Police & Court Support program is available for the following support and information:

- Preparation and accompaniment to court proceedings
- Information about criminal justice proceedings
- Emotional support through the legal process
- Information about legal rights and responsibilities

To access these services, email courtsupport@sace.ca or call SACE.

#### **Public Education**

The Public Education team offers a number of education sessions on sexual violence. They are available for schools (with grade-specific presentations which meet curriculum requirements), community groups, parent groups, and professional organizations. All presentations are customized to meet the specific needs of the organization.

For information about available sessions, visit www.sace.ca. To book a presentation, email education@sace.ca or call SACE.

# **Institutional Support**

SACE offers expert support to organizations who are developing their own capacity to respond to sexual violence. If your company, organization, or community group is seeking to create an environment that responds supportively to sexual violence, contact SACE for details about available services.

## **Diversity & Inclusion**

SACE believes that specialized services should be available to all people, regardless of ethnicity, heritage, faith, gender, culture, age, social and financial status, ability, or sexual orientation. To improve our services, reduce barriers, and increase inclusivity and accessibility, SACE has a Diversity & Inclusion Program dedicated to promoting inclusion and equity.

If you have a concern, question, or suggestion related to diversity and inclusion at SACE, please call SACE or email info@sace.ca.

## **Support and Information Lines**

The SACE Support and Information Line is available for anyone impacted by sexual violence, directly or as a supporter. Before, during, and after receiving counselling at SACE this line is available for crisis support, information, and referrals. Call **780.423.4121** for support from 9 a.m. to 9 p.m. daily.

For more options, chat at sace.ca, or access text, toll-free, or interpreterassisted language support at 1.866.403.8000. To find out about volunteering on the Support and Information Line or other opportunities, email volunteer@sace.ca.