

# Medical Care After Sexual Assault

## A Guide to Alberta Services

Current as of Sep 30, 2021

The following handout contains information regarding medical services for people in Alberta who have experienced sexual assault, including: Sexual Assault Response Teams (SARTs), medical sexual assault exams, and general medical care and emotional support. If you do not see the name of where you live on this list go to the location closest to you, or contact 811 to learn about options closer to home.

Accessing medical care and treatment is available even if there is no apparent injury. Most sexual assaults do not result in visible injuries. Accessing medical care can connect people who have been sexually assaulted to appropriate testing and referrals, such as to sexual assault centres, but it is a personal choice to decide to access medical services.

### Sexual Assault Response Team (SART) Locations

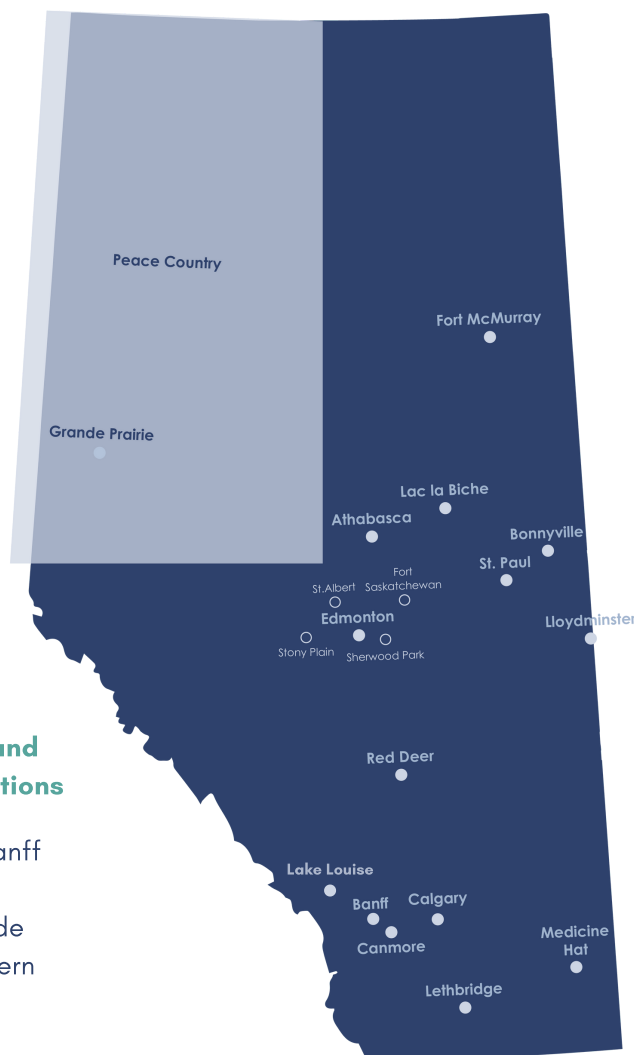
- Calgary
- Edmonton, including:
  - Fort Saskatchewan
  - Leduc
  - Sherwood Park
  - St. Albert
  - Stony Plain
- Lethbridge
- Lloydminster
- Medicine Hat
- Red Deer
- Lake Louise

### Medical Sexual Assault Exam Locations

- Athabasca
- Bonnyville
- Fort McMurray
- Lac la Biche
- St. Paul

### General Medical Care and Emotional Support Locations

- Bow Valley Region (Banff and Canmore)
- Peace Country (Grande Prairie and Northwestern Alberta)





# Sexual Assault Response Team (SART) Services

The following locations offer a program called Sexual Assault Response Team (SART) which is a team of people who work together to support people who have recently experienced sexual assault. The team in each area may include nurses, physicians, police or RCMP officers, and support workers who provide information and emotional support.

## SART offers different options for treatment to patients accessing the service

### **Option 1 – Medical care only, provided by nurses or doctors.**

This option usually involves assessment for and treatment of physical injuries, pregnancy and STI testing, and referrals for counselling or other healthcare services. Injuries after a sexual assault might not always be obvious, people who have been sexually assaulted can still access SART medical care, even when injuries might not be visible.

### **Option 2 – Medical care and forensic evidence collection and reporting to the police.**

This option involves collecting DNA evidence. If someone who was sexually assaulted wants this option, it is best to access SART as soon as possible after the assault, and to avoid showering or bathing beforehand. In most instances, police will come to the hospital to take the report.

### **Option 3 – Medical care and forensic evidence collection with no immediate reporting to the police.**

This option is available if someone isn't sure if they want to report the sexual assault to police. Forensic evidence will be stored anonymously for up to one year. This gives a person time to decide if you want to report to police or not. After 1 year, if they do not want to report to police, the evidence will be destroyed. Please note, this option is only available at some locations (see list below).



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## Calgary SART

### Who can access

People of all genders who have recently been sexually assaulted

### When to access

Within 4 days (96 hours) of the sexual assault

### Additional support

A Sexual Violence Support Counsellor from Calgary Communities Against Sexual Abuse (CCASA) can provide:

- Immediate emotional support
- Information for you and your support persons on sexual assault and its impacts
- Referrals to counselling and other community resources

### How to Access Calgary SART

If 14 years or older, go to the Sheldon M. Chumir Urgent Care Centre or to any emergency department or urgent care centre and tell the triage nurse that you have been sexually assaulted. If under 14 years old, go to the Alberta Children's Hospital Emergency Department and tell the triage nurse that you or your child has been sexually assaulted.

### Where to access Calgary SART

#### Alberta Children's Hospital

(For those under 14 years)  
28 Oki Drive NW  
Calgary, AB T3B 6A8

**403.955.7211**

#### Sheldon M. Chumir Health Centre

1213 4 Street SW  
Calgary, AB T2R 0X7

**403.955.6200**



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## Edmonton and Surrounding Area SART

### Who can access

People of all genders who have recently been sexually assaulted

### When to access

Within one week (7 days) of the sexual assault for anyone 14 years or older

Within 3 days (72 hours) for anyone 13 years old or younger (at the Stollery Children's Hospital)

### How to access Edmonton SART

Go to the Emergency Room at any of the hospitals below and tell the triage nurse you would like to see the Sexual Assault Response Team (SART) or that you've been sexually assaulted.

### Where to access Edmonton SART

#### Edmonton

##### **\*Grey Nuns Community Hospital**

1100 Youville Drive W Northwest  
Edmonton, AB T6L 5X8

**780.735.7000**

##### **\*Misericordia Community Hospital**

16940 87 Avenue NW  
Edmonton, AB T5R 4H5

**780.735.2000**

##### **Northeast Community Health Centre**

14007 50 Street NW  
Edmonton, AB T5A 5E4

**780.342.4000**

##### **Royal Alexandra Hospital**

10240 Kingsway NW  
Edmonton, AB T5H 3V9

**780.735.4111**

##### **University of Alberta Hospital**

8440 112 Street NW  
Edmonton, AB T6G 2B7

**780.407.8822**

#### Fort Saskatchewan

##### **Fort Saskatchewan Community Hospital**

9401 86 Avenue  
Fort Saskatchewan, AB  
T8L 0C6

**780.998.2256**

#### Leduc

##### **Leduc Community Hospital**

4210 48 Street  
Leduc, AB T9E 5Z3

**780.986.7711**

#### Sherwood Park

##### **Strathcona Community Hospital**

9000 Emerald Drive  
Sherwood Park, AB T8H 0J3

**780.449.5380**

#### St. Albert

##### **Sturgeon Community Hospital**

201 Boudreau Road  
St. Albert, AB T8N 6C4

**780.418.8200**

#### Stony Plain

##### **Westview Health Centre**

4405 S Park Drive  
Stony Plain, AB T7Z 2M7

**780.968.3600**

\*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion



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## Lethbridge SART

### Who can access

People of all genders who have recently been sexually assaulted

### When to access

Within 4 days (96 hours) of the sexual assault

### Additional support

All patients receive referrals for follow-up care, including the local sexual assault centre

### How to access Lethbridge SART

Within Lethbridge:

- go to the Chinook Regional Hospital Emergency Department

Outside of Lethbridge:

- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement.

### Where to access Lethbridge SART

#### Chinook Regional Hospital

960 19 Street S  
Lethbridge, AB T1J 1W5

**403.388.6111**

## Lloydminster SART

### Who can access

People of all genders who have recently been sexually assaulted

### When to access

Within 5 days of the sexual assault

### Additional support:

An advocate from the local sexual assault centre can provide support throughout the visit to the Hospital, RCMP, or Little Bear Child and Youth Advocacy Centre and provide references based on needs and requests

### How to Access Lloydminster SART

SART can be accessed at the Lloydminster Hospital and/or Lloydminster RCMP Detachment, with services provided at the Lloydminster Hospital.

Staff at either location will activate the SART advocates to provide in-person support.

Lloydminster SART can also be activated by the Victim Service Units and Child & Family Services.

### Where to access Lloydminster SART

#### Lloydminster Hospital

3820 43 Avenue  
Lloydminster, SK S9V 1Y5

**306.820.600**

#### Lloydminster RCMP Detachment

5106 44 Street  
Lloydminster, AB T9V 0A6

**780.808.8300**

#### Lloydminster Sexual Assault Services

5011 49 Avenue  
Lloydminster, SK S9V 1R5

**306.825.8255**

### Please Note

Lloydminster SART does not offer Option 3.

Only Option 1 and 2 are available at this time.



## Medicine Hat SART

### Who can access

Anyone 14 years or older who has been sexually assaulted. For anyone under 14, pediatrics is called and the SART team is not included.

### When to access

Within 4 days (96 hours) of the sexual assault

### How to access Medicine Hat SART

Within Medicine Hat:

- Go to the Medicine Hat Regional Hospital Emergency Department

Outside of Medicine Hat:

- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement

### Where to access Medicine Hat SART

#### Medicine Hat Regional Hospital

666 5 Street SW  
Medicine Hat, AB T1A 4H6

**403.529.8000**

## Red Deer and Central Alberta SART

### Who can access

Anyone who has been affected by sexual violence can access the SART program. For those who are under the age of 13, the SART team will still respond, but a pediatrician will do the examination

### When to access

Anyone at anytime can go to the hospital. However, to collect a forensic kit needs to be completed within 7 days.

Please note, Option 3 is offered at the SART nurse's discretion.

### Additional support

A Central Alberta Sexual Assault Support Centre (CASASC) trained SART member can provide an information package and a support package (including a blanket and stuffed animal)

### How to access Red Deer and Central Alberta SART

Go to the Red Deer Regional Hospital Centre's Emergency Department and tell the triage nurse you would like to see the Sexual Assault Response Team or tell them you've been sexually assaulted

### Where to access Red Deer and Central Alberta SART

#### Red Deer Regional Hospital Centre

3942 50a Avenue  
Red Deer, AB T4N 4E7

**403.343.4422**



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## Lake Louise SART

The Lake Louise Medical Centre recently completed Sexual Assault Response Team (SART) training & can now conduct both medical treatment and forensic examinations (sexual assault exam kit) for the Lake Louise community. This is an important step in increasing access to specialized sexual assault services – previously individuals had to travel to Calgary for the exam.

### Who can access

People of all genders who are 16 years or older, who has been recently sexually assaulted.

For anyone under 16 years old, the clinic will arrange transportation to CSART in Calgary.

### When to access

The Sexual Assault Evidence kit can be completed within 4 days (96 hours) of the sexual assault.

Medical and mental health care will be provided to survivors regardless of timeline since assault.

### How to access Lake Louise SART

Call the clinic at **403.522.2184** and follow prompts.

The clinic can be called any time of day and has trained physicians available 24/7.

Please note that walk-in services are not currently available so a call must be placed to access services

### Additional information

3rd option evidence storage is available through self-referral at the Lake Louise Medical Clinic, or with an RCMP member if the survivor has chosen to report. The kits will be kept anonymously at the local police detachment, with a file number associated with their patient's chart at the clinic.

Survivors will be able to continue their care at the clinic for medical follow-ups regarding testing (self-swabs/blood work), along with STI treatments, pregnancy prevention or termination.

### Where to access Lake Louise SART in the Bow Valley Region

#### Lake Louise Medical Centre

200 Hector Rd,  
Lake Louise, AB T0L 1E0

**403.522.2184**  
[llmc.ca](http://llmc.ca)

Note: This is a general clinic/medical care setting where a sexual assault exam, and medical/mental health care regarding sexual assault can be accessed with trained physicians.







# Sexual Assault Medical Exams

The following locations do not have SART programs but offer sexual assault exams for people who have recently been sexually assaulted. Please note that, while sexual assault exams can include the collection of evidence and reporting to the police, the following locations do not offer the third option of collecting and storing evidence without immediate reporting.

## Athabasca

### Athabasca Healthcare Centre

3100 48 Avenue  
Athabasca, AB T9S 1M9

**780.675.6000**

## Lac la Biche

### William J Cadzow - Lac la Biche Healthcare Centre

9110 93 Street  
Lac la Biche, AB T0A 2C0

**780.623.4404**

## Bonnyville

### \*Bonnyville Health Centre

5001 Lakeshore Drive  
Bonnyville, AB T9N 2J7

**780.826.3311**

## St. Paul

### \*St. Therese - St. Paul Healthcare Centre

4713 48 Avenue  
St. Paul, AB T0A 3A3

**780.645.3331**

## Additional Support

in Athabasca,  
Bonnyville, Lac la Biche,  
and St. Paul

Dragonfly Counselling & Support Centre (DCSC) satellite offices may be available to provide hospital accompaniment during business hours (Monday - Thursday 8:30am-4:00pm).

To access this service please call **780.812.3174**.

## Fort McMurray

### Northern Lights Regional Hospital

7 Hospital Street  
Fort McMurray, AB T9H 1P2

**780.791.6161**

## Additional Support

in Fort McMurray

For hospital accompaniment contact the Sexual Assault Program at Waypoints at **780.791.6708**.

\*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion





# General Medical Care and Emotional Support Services

The following locations offer medical care for people who have recently been sexually assaulted, and have services that can provide emotional support nearby. Anyone can access medical care following a sexual assault from an emergency physician, urgent care physician, or family physician across the province. Emergency physicians are also able to conduct the forensic evidence kit collection.

- Please note that forensic evidence collection is not an Alberta Health Services insured service, therefore emergency physicians are not obligated to perform this examination and/or may not feel comfortable doing so.

## Bow Valley Region

### Banff

#### \*Banff Mineral Springs Hospital

305 Lynx Street  
Banff, AB T1L 1H7

**403.762.2222**

### Canmore

#### Canmore General Hospital

1100 Hospital Place  
Canmore, AB T1W 1N2

**403. 678.5535**

For information and support making decisions regarding medical care, contact the Harmony Project's Sexual Violence Prevention and Response program (**403.760.3200**, Monday-Saturday, 9:00am – 5:00pm) to speak with a Sexual Violence Support Worker. They are able to provide support over the phone, in the YWCA Banff office, or in the hospital.

## Peace Country Region (Northwestern Alberta)

For people living in this Northwest region of Alberta, medical care after a sexual assault can be accessed at the emergency room of the nearest hospital. Staff at the hospital can connect people who've been sexually assaulted to a Victim Service Unit and provide information regarding Pace Community Support, Sexual Assault, and Trauma Centre (Pace).

Pace's main office is located in Grande Prairie and they have satellite offices in High Level, Peace River, Peavine, High Prairie, and East Prairie. More information at **pacecentre.com**

Crisis support for people living in the region is also available through the Peace Country Sexual Assault Helpline at **1.888.377.3223**.

\*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion