Medical Care After Sexual Assault
A Guide to Alberta Services
Current as of July 29, 2020

The following handout contains information regarding medical services for people in Alberta who have experienced sexual assault, including: Sexual Assault Response Teams (SARTs), medical sexual assault exams, and general medical care and emotional support. If you do not see the name of where you live on this list go to the location closest to you, or contact 811 to learn about options closer to home.

Accessing medical care and treatment is available even if there is no apparent injury. Most sexual assaults do not result in visible injuries. Accessing medical care can connect people who have been sexually assaulted to appropriate testing and referrals, such as to sexual assault centres, but it is a personal choice to decide to access medical services.

**Sexual Assault Response Team (SART) Locations**
- Calgary
- Edmonton, including:
  - Fort Saskatchewan
  - Leduc
  - Sherwood Park
  - St. Albert
  - Stony Plain
- Lethbridge
- Lloydminster
- Medicine Hat
- Red Deer

**Medical Sexual Assault Exam Locations**
- Athabasca
- Bonnyville
- Fort McMurray
- Lac la Biche
- St. Paul

**General Medical Care and Emotional Support Locations**
- Bow Valley Region (Banff and Canmore)
- Peace Country (Grande Prairie and Northwestern Alberta)
Sexual Assault Response Team (SART) Services

The following locations offer a program called Sexual Assault Response Team (SART) which is a team of people who work together to support people who have recently experienced sexual assault. The team in each area may include nurses, physicians, police or RCMP officers, and support workers who provide information and emotional support.

SART offers different options for treatment to patients accessing the service

Option 1 – Medical care only, provided by nurses or doctors.

This option usually involves assessment for and treatment of physical injuries, pregnancy and STI testing, and referrals for counselling or other healthcare services. Injuries after a sexual assault might not always be obvious, people who have been sexually assaulted can still access SART medical care, even when injuries might not be visible.

Option 2 – Medical care and forensic evidence collection and reporting to the police.

This option involves collecting DNA evidence. If someone who was sexually assaulted wants this option, it is best to access SART as soon as possible after the assault, and to avoid showering or bathing beforehand. In most instances, police will come to the hospital to take the report.

Option 3 – Medical care and forensic evidence collection with no immediate reporting to the police.

This option is available if someone isn’t sure if they want to report the sexual assault to police. Forensic evidence will be stored anonymously for up to one year. This gives a person time to decide if they want to report to police or not. After 1 year, if they do not want to report to police, the evidence will be destroyed. Please note, this option is only available at some locations (see list below).
Calgary SART

Who can access

People of all genders who have recently been sexually assaulted

When to access

Within 4 days (96 hours) of the sexual assault

Additional support

A Sexual Violence Support Counsellor from Calgary Communities Against Sexual Abuse (CCASA) can provide:

- Immediate emotional support
- Information for you and your support persons on sexual assault and its impacts
- Referrals to counselling and other community resources

How to Access Calgary SART

If 14 years or older, go to the Sheldon M. Chumir Urgent Care Centre or to any emergency department or urgent care centre and tell the triage nurse that you have been sexually assaulted. If under 14 years old, go to the Alberta Children’s Hospital Emergency Department and tell the triage nurse that you or your child has been sexually assaulted.

Where to access Calgary SART

Alberta Children’s Hospital
(For those under 14 years)
28 Oki Drive NW
Calgary, AB T3B 6A8
403.955.7211

Sheldon M. Chumir Health Centre
1213 4 Street SW
Calgary, AB T2R 0X7
403.955.6200

Healing Starts With Believing
Edmonton and Surrounding Area SART

Who can access
People of all genders who have recently been sexually assaulted

When to access
Within one week (7 days) of the sexual assault for anyone 14 years or older
Within 3 days (72 hours) for anyone 13 years old or younger (at the Stollery Children’s Hospital)

How to access Edmonton SART
Go to the Emergency Room at any of the hospitals below and tell the triage nurse you would like to see the Sexual Assault Response Team (SART) or that you’ve been sexually assaulted.

Where to access Edmonton SART

Edmonton
* Grey Nuns Community Hospital
1100 Youville Drive W Northwest
Edmonton, AB T6L 5X8
780.735.7000

*Misericordia Community Hospital
16940 87 Avenue NW
Edmonton, AB T5R 4H5
780.735.2000

Northeast Community Health Centre
14007 50 Street NW
Edmonton, AB T5A 5E4
780.342.4000

Royal Alexandra Hospital
10240 Kingsway NW
Edmonton, AB T5H 3V9
780.735.4111

University of Alberta Hospital
8440 112 Street NW
Edmonton, AB T6G 2B7
780.407.8822

Fort Saskatchewan Community Hospital
9401 86 Avenue
Fort Saskatchewan, AB T8L 0G6
780.998.2256

Leduc
Leduc Community Hospital
4210 48 Street
Leduc, AB T9E 5Z3
780.986.7711

Sherwood Park
Strathcona Community Hospital
9000 Emerald Drive
Sherwood Park, AB T8H 0J3
780.449.5380

St. Albert
Sturgeon Community Hospital
201 Boudreau Road
St. Albert, AB T8N 6C4
780.418.8200

Stony Plain
Westview Health Centre
4405 S Park Drive
Stony Plain, AB T7Z 2M7
780.968.3600

*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion.
<table>
<thead>
<tr>
<th>Lethbridge SART</th>
<th>Lloydminster SART</th>
<th>Where to access Lloydminster SART</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Who can access</strong></td>
<td><strong>Who can access</strong></td>
<td><strong>Lloydminster Hospital</strong></td>
</tr>
</tbody>
</table>
| People of all genders who have recently been sexually assaulted | People of all genders who have recently been sexually assaulted | 3820 43 Avenue  
Lloydminster, SK S9V 1Y5 |
| **When to access** | **When to access** | **Lloydminster RCMP Detachment** |
| Within 4 days (96 hours) of the sexual assault | Within 5 days of the sexual assault | 5106 44 Street  
Lloydminster, AB T9V 0A6 |
| **Additional support** | **Additional support:** | **Lloydminster Sexual Assault Services** |
| All patients receive referrals for follow-up care, including the local sexual assault centre | An advocate from the local sexual assault centre can provide support throughout the visit to the Hospital, RCMP, or Little Bear Child and Youth Advocacy Centre and provide references based on needs and requests | 5011 49 Avenue  
Lloydminster, SK S9V 1R5 |
| **How to access Lethbridge SART** | **How to Access Lloydminster SART** | **Please Note** |
| Within Lethbridge:  
- go to the Chinook Regional Hospital Emergency Department | SART can be accessed at the Lloydminster Hospital and/or Lloydminster RCMP Detachment, with services provided at the Lloydminster Hospital. | Lloydminster SART does not offer Option 3. |
| Outside of Lethbridge:  
- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement. | Staff at either location will activate the SART advocates to provide in-person support. | Only Option 1 and 2 are available at this time. |
| **Where to access Lethbridge SART** | **Where to access Lloydminster SART** |
| **Chinook Regional Hospital**  
960 19 Street S  
Lethbridge, AB T1J 1W5 | **Lloydminster Hospital**  
3820 43 Avenue  
Lloydminster, SK S9V 1Y5  
**306.820.600** |
| **Lloydminster RCMP Detachment**  
5106 44 Street  
Lloydminster, AB T9V 0A6  
**780.808.8300** | **Lloydminster Sexual Assault Services**  
5011 49 Avenue  
Lloydminster, SK S9V 1R5  
**306.825.8255** |

Please Note

Lloydminster SART does not offer Option 3.

Only Option 1 and 2 are available at this time.
**Medicine Hat SART**

**Who can access**
Anyone 14 years or older who has been sexually assaulted. For anyone under 14, pediatrics is called and the SART team is not included.

**When to access**
Within 4 days (96 hours) of the sexual assault

**How to access Medicine Hat SART**

**Within Medicine Hat:**
- Go to the Medicine Hat Regional Hospital Emergency Department

**Outside of Medicine Hat:**
- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement

**Where to access Medicine Hat SART**

**Medicine Hat Regional Hospital**
666 5 Street SW
Medicine Hat, AB T1A 4H6

**403.529.8000**

---

**Red Deer and Central Alberta SART**

**Who can access**
Anyone who has been affected by sexual violence can access the SART program. For those who are under the age of 13, the SART team will still respond, but a pediatrician will do the examination.

**When to access**
Anyone at anytime can go to the hospital. However, to collect a forensic kit needs to be completed within 7 days.

Please note, Option 3 is offered at the SART nurse’s discretion.

**How to access Red Deer and Central Alberta SART**

Go to the Red Deer Regional Hospital Centre’s Emergency Department and tell the triage nurse you would like to see the Sexual Assault Response Team or tell them you’ve been sexually assaulted.

**Additional support**

A Central Alberta Sexual Assault Support Centre (CASASC) trained SART member can provide an information package and a support package (including a blanket and stuffed animal).

**Where to access Red Deer and Central Alberta SART**

**Red Deer Regional Hospital Centre**
3942 50a Avenue
Red Deer, AB T4N 4E7

**403.343.4422**
Sexual Assault Medical Exams

The following locations do not have SART programs but offer sexual assault exams for people who have recently been sexually assaulted. Please note that, while sexual assault exams can include the collection of evidence and reporting to the police, the following locations do not offer the third option of collecting and storing evidence without immediate reporting.

### Athabasca

**Athabasca Healthcare Centre**

3100 48 Avenue
Athabasca, AB T9S 1M9

780.675.6000

### Bonnyville

*Bonnyville Health Centre*

5001 Lakeshore Drive
Bonnyville, AB T9N 2J7

780.826.3311

### Fort McMurray

**Northern Lights Regional Hospital**

7 Hospital Street
Fort McMurray, AB T9H 1P2

780.791.6161

### Lac la Biche

**William J Cadzow – Lac la Biche Healthcare Centre**

9110 93 Street
Lac la Biche, AB T0A 2C0

780.623.4404

### St. Paul

*St. Therese – St. Paul Healthcare Centre*

4713 48 Avenue
St. Paul, AB T0A 3A3

780.645.3331

### Additional Support

*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion.*
General Medical Care and Emotional Support Services

The following locations offer medical care for people who have recently been sexually assaulted, and have services that can provide emotional support nearby. Anyone can access medical care following a sexual assault from an emergency physician, urgent care physician, or family physician across the province. Emergency physicians are also able to conduct the forensic evidence kit collection.

- Please note that forensic evidence collection is not an Alberta Health Services insured service, therefore emergency physicians are not obligated to perform this examination and/or may not feel comfortable doing so.

Bow Valley Region

**Banff**

*Banff Mineral Springs Hospital*

305 Lynx Street
Banff, AB T1L 1H7

403.762.2222

**Canmore**

Canmore General Hospital

1100 Hospital Place
Canmore, AB T1W 1N2

403.678.5535

For information and support making decisions regarding medical care, contact the Harmony Project’s Sexual Violence Prevention and Response program (403.760.3200, Monday-Saturday, 9:00am – 5:00pm) to speak with a Sexual Violence Support Worker. They are able to provide support over the phone, in the YWCA Banff office, or in the hospital.

Peace Country Region (Northwestern Alberta)

For people living in this Northwest region of Alberta, medical care after a sexual assault can be accessed at the emergency room of the nearest hospital. Staff at the hospital can connect people who’ve been sexually assaulted to a Victim Service Unit and provide information regarding Pace Community Support, Sexual Assault, and Trauma Centre (Pace).

Pace’s main office is located in Grande Prairie and they have satellite offices in High Level, Peace River, Peavine, High Prairie, and East Prairie. More information at pacecentre.com

Crisis support for people living in the region is also available through the Peace Country Sexual Assault Helpline at 1.888.377.3223.

*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion.*