

Medical Care After Sexual Assault

A Guide to Alberta Services

Current as of July 29, 2020

The following handout contains information regarding medical services for people in Alberta who have experienced sexual assault, including: Sexual Assault Response Teams (SARTs), medical sexual assault exams, and general medical care and emotional support. If you do not see the name of where you live on this list go to the location closest to you, or contact 811 to learn about options closer to home.

Accessing medical care and treatment is available to even if there is no apparent injury. Most sexual assaults do not result in visible injuries. Accessing medical care can connect people who have been sexually assaulted to appropriate testing and referrals, such as to sexual assault centres, but it is a personal choice to decide to access medical services.

Sexual Assault Response Team (SART) Locations

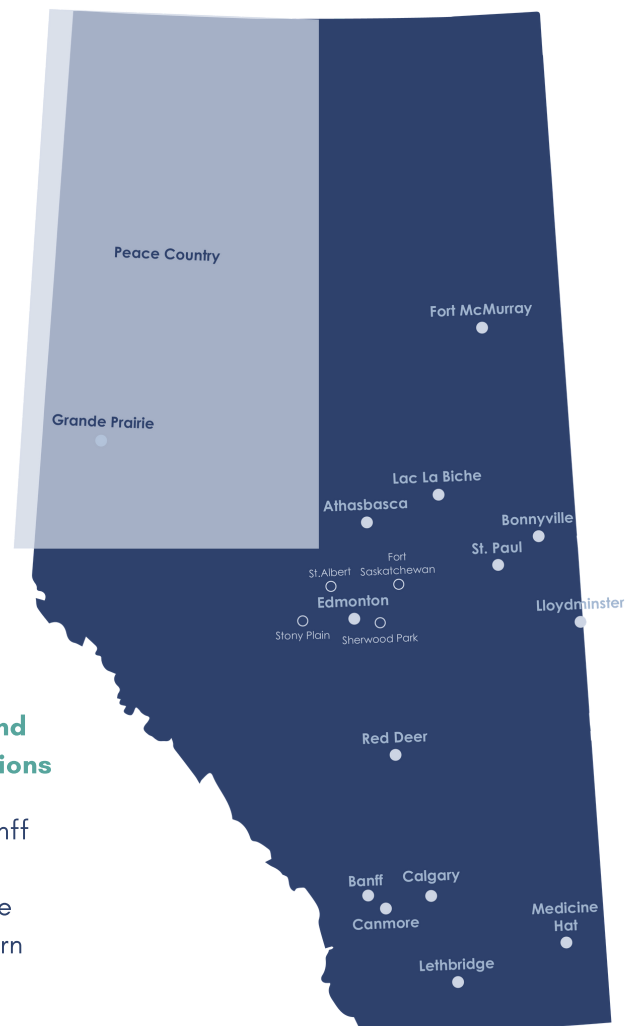
- Calgary
- Edmonton, including:
 - Fort Saskatchewan
 - Leduc
 - Sherwood Park
 - St. Albert
 - Stony Plain
- Lethbridge
- Lloydminster
- Medicine Hat
- Red Deer

Medical Sexual Assault Exam Locations

- Athabasca
- Bonnyville
- Fort McMurray
- Lac la Biche
- St. Paul

General Medical Care and Emotional Support Locations

- Bow Valley Region (Banff and Canmore)
- Peace Country (Grande Prairie and Northwestern Alberta)





Sexual Assault Response Team (SART) Services

The following locations offer a program called Sexual Assault Response Team (SART) which is a team of people who work together to support people who have recently experienced sexual assault. The team in each area may include nurses, physicians, police or RCMP officers, and support workers who provide information and emotional support.

SART offers different options for treatment to patients accessing the service

Option 1 – Medical care only, provided by nurses or doctors.

This option usually involves assessment for and treatment of physical injuries, pregnancy and STI testing, and referrals for counselling or other healthcare services. Injuries after a sexual assault might not always be obvious, people who have been sexually assaulted can still access SART medical care, even when injuries might not be visible.

Option 2 – Medical care and forensic evidence collection and reporting to the police.

This option involves collecting DNA evidence. If someone who was sexually assaulted wants this option, it is best to access SART as soon as possible after the assault, and to avoid showering or bathing beforehand. In most instances, police will come to the hospital to take the report.

Option 3 – Medical care and forensic evidence collection with no immediate reporting to the police.

This option is available if someone isn't sure if they want to report the sexual assault to police. Forensic evidence will be stored anonymously for up to one year. This gives a person time to decide if you want to report to police or not. After 1 year, if they do not want to report to police, the evidence will be destroyed. Please note, this option is only available at some locations (see list below).



sace
SUPPORT &
INFO LINE

780·
423·
4121

Calgary SART

Who can access

People of all genders who have recently been sexually assaulted

When to access

Within 4 days (96 hours) of the sexual assault

Additional support

A Sexual Violence Support Counsellor from Calgary Communities Against Sexual Abuse (CCASA) can provide:

- Immediate emotional support
- Information for you and your support persons on sexual assault and its impacts
- Referrals to counselling and other community resources

How to Access Calgary SART

If 14 years or older, go to the Sheldon M. Chumir Urgent Care Centre or to any emergency department or urgent care centre and tell the triage nurse that you have been sexually assaulted. If under 14 years old, go to the Alberta Children's Hospital Emergency Department and tell the triage nurse that you or your child has been sexually assaulted.

Where to access Calgary SART

Alberta Children's Hospital

(For those under 14 years)
28 Oki Drive NW
Calgary, AB T3B 6A8

403.955.7211

Sheldon M. Chumir Health Centre

1213 4 Street SW
Calgary, AB T2R 0X7

403.955.6200



**Healing
Starts With
Believing**



Edmonton and Surrounding Area SART

Who can access

People of all genders who have recently been sexually assaulted

When to access

Within the one week (7 days) of the sexual assault for anyone 14 years or older

Within 3 days (72 hours) for anyone 13 years old or younger (at the Stollery Children's Hospital)

How to access Edmonton SART

Go to the Emergency Room at any of the hospitals below and tell the triage nurse you would like to see the Sexual Assault Response Team (SART) or that you've been sexually assaulted.

Where to access Edmonton SART

Edmonton

***Grey Nuns Community Hospital**

1100 Youville Drive W Northwest
Edmonton, AB T6L 5X8

780.735.7000

***Misericordia Community Hospital**

16940 87 Avenue NW
Edmonton, AB T5R 4H5

780.735.2000

Northeast Community Health Centre

14007 50 Street NW
Edmonton, AB T5A 5E4

780.342.4000

Royal Alexandra Hospital

10240 Kingsway NW
Edmonton, AB T5H 3V9

780.735.4111

University of Alberta Hospital

8440 112 Street NW
Edmonton, AB T6G 2B7

780.407.8822

Fort Saskatchewan

Fort Saskatchewan Community Hospital

9401 86 Avenue
Fort Saskatchewan, AB
T8L 0C6

780.998.2256

Leduc

Leduc Community Hospital

4210 48 Street
Leduc, AB T9E 5Z3

780.986.7711

Sherwood Park

Strathcona Community Hospital

9000 Emerald Drive
Sherwood Park, AB T8H 0J3

780.449.5380

St. Albert

Sturgeon Community Hospital

201 Boudreau Road
St. Albert, AB T8N 6C4

780.418.8200

Stony Plain

Westview Health Centre

4405 S Park Drive
Stony Plain, AB T7Z 2M7

780.968.3600

*This facility is operated by Covenant Health, a Catholic Healthcare provider. According to their Health Ethics Guide, people should be able to access medical care following a sexual assault, including emergency contraception. However, those seeking abortion services will likely be advised of the ethical restrictions that prevent Catholic hospitals from offering abortion



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Lethbridge SART

Who can access

People of all genders who have recently been sexually assaulted

When to access

Within 4 days (96 hours) of the sexual assault

Additional support

All patients receive referrals for follow-up care, including the local sexual assault centre

How to access Lethbridge SART

Within Lethbridge:

- go to the Chinook Regional Hospital Emergency Department

Outside of Lethbridge:

- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement.

Where to access Lethbridge SART

Chinook Regional Hospital

960 19 Street S
Lethbridge, AB T1J 1W5

403.388.6111

Lloydminster SART

Who can access

People of all genders who have recently been sexually assaulted

When to access

Within 5 days of the sexual assault

Additional support:

An advocate from the local sexual assault centre can provide support throughout the visit to the Hospital, RCMP, or Little Bear Child and Youth Advocacy Centre and provide references based on needs and requests

How to Access Lloydminster SART

SART can be accessed at the Lloydminster Hospital and/or Lloydminster RCMP Detachment, with services provided at the Lloydminster Hospital.

Staff at either location will activate the SART advocates to provide in-person support.

Lloydminster SART can also be activated by the Victim Service Units and Child & Family Services.

Where to access Lloydminster SART

Lloydminster Hospital

3820 43 Avenue
Lloydminster, SK S9V 1Y5

306.820.600

Lloydminster RCMP Detachment

5106 44 Street
Lloydminster, AB T9V 0A6

780.808.8300

Lloydminster Sexual Assault Services

5011 49 Avenue
Lloydminster, SK S9V 1R5

306.825.8255

Please Note

Lloydminster SART does not offer Option 3.

Only Option 1 and 2 are available at this time.



Medicine Hat SART

Who can access

Anyone 14 years or older who has been sexually assaulted. For anyone under 14, pediatrics is called and the SART team is not included.

When to access

Within 4 days (96 hours) of the sexual assault

How to access Medicine Hat SART

Within Medicine Hat:

- Go to the Medicine Hat Regional Hospital Emergency Department

Outside of Medicine Hat:

- Physicians at rural emergency departments in the South Zone-East or South Zone-West can call SART for advice or to arrange SART involvement

Where to access Medicine Hat SART

Medicine Hat Regional Hospital

666 5 Street SW
Medicine Hat, AB T1A 4H6

403.529.8000

Red Deer and Central Alberta SART

Who can access

Anyone who has been affected by sexual violence can access the SART program. For those who under the age of 13, the SART team will still respond, but a pediatrician will do the examination

When to access

Anyone at anytime can go to the hospital. However, to collect a forensic kit needs to be completed within 7 days.

Please note, Option 3 is offered at the SART nurse's discretion.

Additional support

A Central Alberta Sexual Assault Support Centre (CASASC) trained SART member can provide an information package and a support package (including a blanket and stuffed animal)

How to access Red Deer and Central Alberta SART

Go to the Red Deer Regional Hospital Centre's Emergency Department and tell the triage nurse you would like to see the Sexual Assault Response Team or tell them you've been sexually assaulted

Where to access Red Deer and Central Alberta SART

Red Deer Regional Hospital Centre

3942 50a Avenue
Red Deer, AB T4N 4E7

403.343.4422



Sexual Assault Medical Exams

The following locations do not have SART programs but offer sexual assault exams for people who have recently been sexually assaulted. Please note that, while sexual assault exams can include the collection of evidence and reporting to the police, the following locations do not offer the third option of collecting and storing evidence without immediate reporting.

Athabasca

Athabasca Healthcare Centre

3100 48 Avenue
Athabasca, AB T9S 1M9

780.675.6000

Lac la Biche

William J Cadzow - Lac la Biche Healthcare Centre

9110 93 Street
Lac la Biche, AB T0A 2C0

780.623.4404

Bonnyville

*Bonnyville Health Centre

5001 Lakeshore Drive
Bonnyville, AB T9N 2J7

780.826.3311

St. Paul

*St. Therese - St. Paul Healthcare Centre

4713 48 Avenue
St. Paul, AB T0A 3A3

780.645.3331

Additional Support

in Athabasca,
Bonnyville, Lac la Biche,
and St. Paul

Dragonfly Counselling &
Support Centre (DCSC)
satellite offices may be
available to
provide hospital
accompaniment during
business hours
(Monday - Thursday
8:30am-4:00pm).

To access this service
please call **780.812.3174**.

Fort McMurray

Northern Lights Regional Hospital

7 Hospital Street
Fort McMurray, AB T9H 1P2

780.791.6161

Additional Support

in Fort McMurray

For hospital accompaniment
contact the Sexual Assault
Program at Waypoints
at **780.791.6708**.

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General Medical Care and Emotional Support Services

The following locations offer medical care for people who have recently been sexually assaulted, and have services that can provide emotional support nearby. Anyone can access medical care following a sexual assault from an emergency physician, urgent care physician, or family physician across the province. Emergency physicians are also able to conduct the forensic evidence kit collection.

- Please note that forensic evidence collection is not an Alberta Health Services insured service, therefore emergency physicians are not obligated to perform this examination and/or may not feel comfortable doing so.

Bow Valley Region

Banff

*Banff Mineral Springs Hospital

305 Lynx Street
Banff, AB T1L 1H7

403.762.2222

Canmore

Canmore General Hospital

1100 Hospital Place
Canmore, AB T1W 1N2

403. 678.5535

For information and support making decisions regarding medical care, contact the Harmony Project's Sexual Violence Prevention and Response program (**403.760.3200**, Monday-Saturday, 9:00am - 5:00pm) to speak with a Sexual Violence Support Worker. They are able to provide support over the phone, in the YWCA Banff office, or in the hospital.

Peace Country Region (Northwestern Alberta)

For people living in this Northwest region of Alberta, medical care after a sexual assault can be accessed at the emergency room of the nearest hospital. Staff at the hospital can connect people who've been sexually assaulted to a Victim Service Unit and provide information regarding Pace Community Support, Sexual Assault, and Trauma Centre (Pace).

Pace's main office is located in Grande Prairie and they have satellite offices in High Level, Peace River, Peavine, High Prairie, and East Prairie. More information at **pacecentre.com**

Ciris support for people living in the region is also available through the Peace Country Sexual Assault Helpline at **1.888.377.3223**.

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SART services in Alberta

Calgary

Option 1, 2, 3

Edmonton & Surrounding Area

Option 1, 2, 3

Lethbridge

Option 1, 2, 3

Lloydminster

Option 1, 2, 3

Medicine Hat

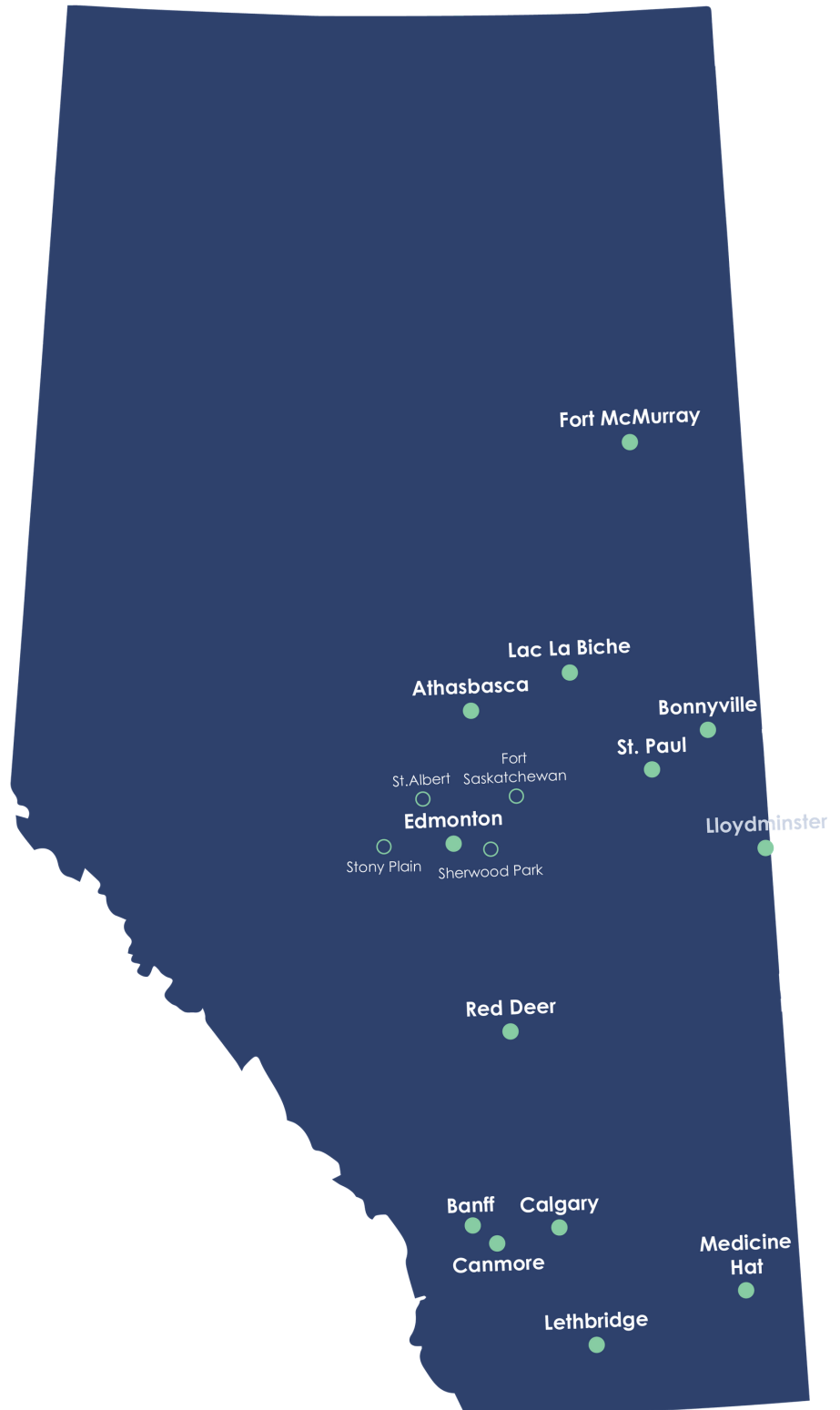
Option 1, 2, 3

Canmore & Banff

Option 1

Fort McMurray

Option 1



SART services in Alberta

Calgary

Option 1, 2, 3

Edmonton & Surrounding Area

Option 1, 2, 3

Lethbridge

Option 1, 2, 3

Lloydminster

Option 1, 2, 3

Medicine Hat

Option 1, 2, 3

Canmore & Banff

Option 1

Fort McMurray

Option 1

