

Consent is...

a freely-given yes! Anything else is a no!

The only person responsible for sexual violence is the person who chooses to cross another person's boundaries. It is never the fault of the person who experiences it.

Voluntary

Consent can never be forced. This includes threats, pressure, guilt, bribery, blackmail and physical violence.

Enthusiastic

Consent is someone communicating "yes" with their words, tone and actions. It is not the absence of a "no".

Individual

Only you can consent for you. Even if you're dating or married you always need your partner's consent.

Specific

Consent is given to specific people and to specific acts. Consent can't be given ahead of time, only in the moment.

Sober

People can't consent to sexual activity if they are highly intoxicated from drugs or alcohol, or if they're sleeping or unconscious.

Definitions

Sexual Assault

Sexual assault is any form of sexual contact without voluntary consent.

This includes forced oral contact ("kissing"), touching or grabbing, oral contact ("oral sex"), and vaginal or anal penetration.

Sexual Harassment

Sexual harassment is any unwanted comment, gesture or action that is sexual in nature that makes someone feel afraid, embarrassed, uncomfortable or ashamed. The intention of the person doing the action doesn't matter, it's the negative impact the action has that makes something sexual harassment.

Child Sexual Abuse

Child sexual abuse is the improper exposure of a child to any sexual contact, activity or behaviour. This includes all sexual touching, the invitation to touch, exhibitionism, exposure to pornography.

Non-Consensual Photo Sharing

Non-consensual photo sharing is when someone shares intimate or sexual photos of another person without the consent of that person in the photo.

Consent is...

Freely given.

Never

assumed.

Services for Youth

SACE provides free support to people of all genders, ages 3+, who have experienced sexual violence, including sexual harassment, sexual assault, and child sexual abuse.

Support & Info Lines

9 am - 9 pm daily

780.423.4121

Chat: sace.ca

Text, long distance & interpreter support:

1.866.403.8000

For anyone who has experienced sexual violence or who is supporting someone impacted by it, there are support services available through phone, text, or chat to provide callers with information, support, and referrals.

The conversation on these lines is led by the caller, and the caller will never have to talk about anything they don't want to talk about.

Counselling

780.423.4102

SACE Counsellors provide up to 15 sessions of free counselling. Our counselling is nonjudgmental and trauma-informed. This means that the counsellors work from a place of believing and they know that sexual violence is never the fault of the person who experienced harm.

People under the age of 18 require consent from their guardian(s) to access counselling at SACE. If this is a concern, please talk about this with our intake worker.

Intake for counselling is done over the phone by calling our office.

Additional Resources

KidsHelpPhone.ca

1.800.668.6868

NeedHelpNow.ca

Cyber bullying & non-consensual photo sharing

Sexual Assault Response Team (SART)

Medical service accessible through any Edmonton Zone hospital emergency room

CHEW Project

LGBTQ2S+ mental, social and sexual health support
chewprojectyeg.org



Listen. Believe. Support.

sace.ca